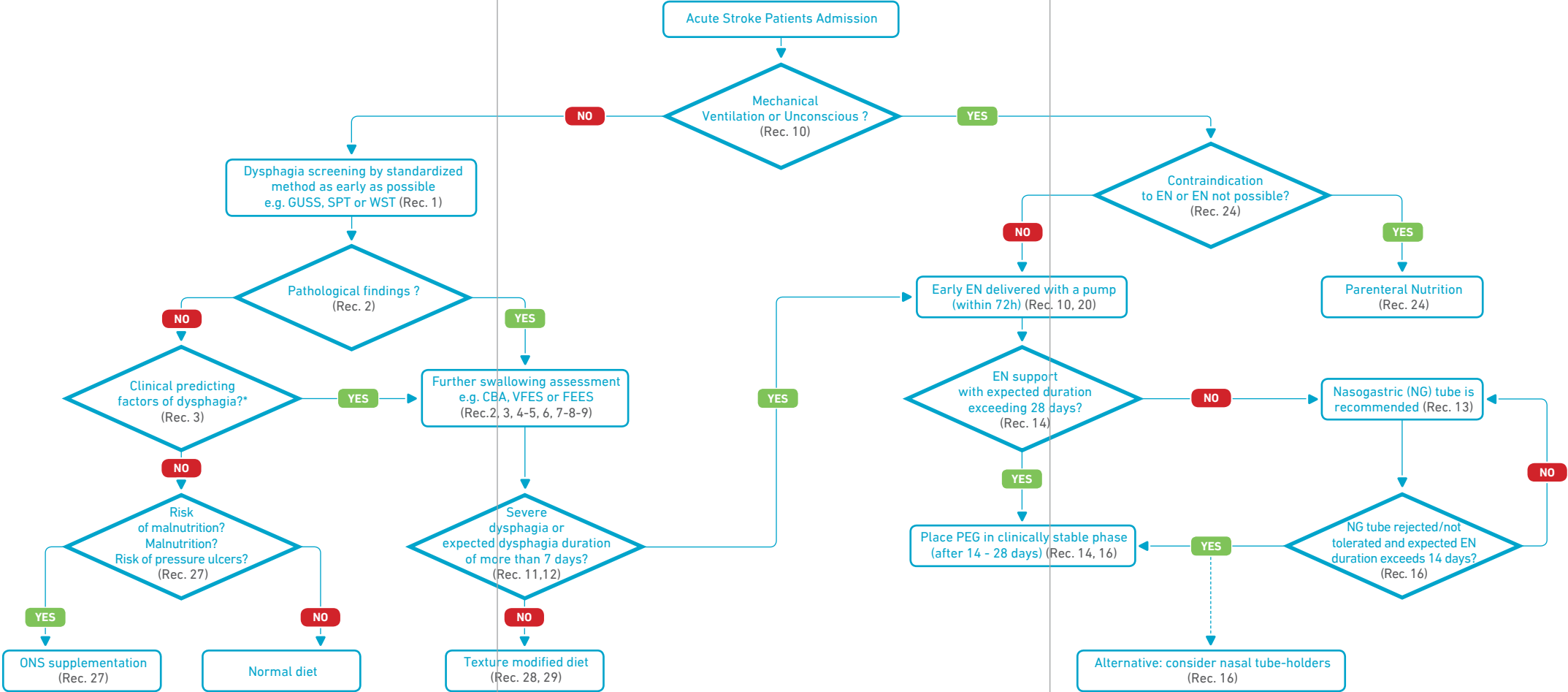


Dysphagia and Nutrition Therapy Guide for Stroke Patients



Additional recommendations

- Tube feeding does not hinder swallowing training. Swallowing training should also be started in tube-fed patients as early as possible. (Rec. 21)
- In case of symptoms of dysphagia deterioration of unclear origin, feeding tube position should be validated endoscopically. (Rec. 22)
- Gastric feeding is preferred (Rec. 17)
- EN should be delivered continuously in case of duodenal or jejunal feeding and in patients with risk of aspiration/gastroesophageal reflux (Rec. 18, 19)

*e.g. severe neurological deficit, dysarthria, aphasia or pronounced facial paresis
 Translated and adapted from: Wirth R. et al., 2013. Guideline of German Society for Nutritional Medicine (DGEM) in cooperation with Swiss Society for Clinical Nutrition (GESKES), Austrian Society for Clinical Nutrition (AKE), German Society of Neurology (DGN) and German Society for Geriatrics (DGG).



Peptamen®

Designed for early Enteral Nutrition and better tolerance.
Supported by 20+ years of clinical experience.



- Hypercaloric (1.5 kcal/ml) and high in protein (25%)
- Whey protein: facilitates gastric emptying, reduces gastric reflux
- ω-3 fatty acids: helps manage inflammation

Novasource® GI Forte

Designed for patients with higher energy needs.
Clinically proven to reduce diarrhea and constipation.



- Hypercaloric (1.6 kcal/ml)
- 22 g soluble fibre per liter
- Partially Hydrolysed Guar Gum fibre

Isosource® Standard Fibre

Fibre rich formula for prolonged Enteral Nutrition.
Helps maintain bowel regularity and manage hydration needs.



- Isocaloric (1.0 kcal/ml)
- Rich in fibre (15 g per liter)
- Fibre mix: pea fibre, acacia gum, FOS, Inulin

Compat Ella®

Enteral Feeding Pump featuring administration sets with integrated Anti Free-Flow mechanism



- Portable: support uninterrupted tube feeding
- Color screen and message line: intuitive programming
- Patient safety: advanced lock functions and 30 days history

Resource® ThickenUp Clear

Innovative instant food and drink thickener for patients with dysphagia.



- Xanthan-based: remains clear, lump-free, tasteless and odourless
- Thicken hot and cold foods or liquids
- Maintains consistency over time

Resource® 2.0 Fibre

Oral nutritional supplements for patients at risk of/with malnutrition and/or pressure ulcers.



- Hypercaloric (2.0 kcal/ml) and high in protein (18g/200ml bottle)
- 5g fibre (100% soluble)/200ml bottle
- Nutritionally complete: 13 vitamins, 15 minerals

Resource® OptiFibre

Powdered soluble dietary fibre to help maintain normal bowel function.



- Mixes quickly and easily in hot and cold foods or liquids
- Partially Hydrolysed Guar Gum: remains clear, lump-free, tasteless and odourless
- Suitable for PEG administration

Compat® StayPut 9/18FR

Simultaneous Nasojejunal Feeding and Gastric Decompression with one Tube



- Designed for fast, convenient and successful placement into the small bowel
- ENLock connector: help prevent risk of misconnection and fluid leakage
- Adapted for early enteral feeding



A revolutionary treatment for oropharyngeal dysphagia

Phagenyx® is based on 20 years of NHS* research with post-stroke dysphagia patients and is clinically proven to improve swallow function by restoring neurological control.



Phagenyx® consists of a base station and a treatment catheter which deliver personalised dysphagia treatment.

- The base station delivers optimal stimulation for each patient. It also records and stores patient information to avoid errors in treatment. It is battery powered, portable and features a user-friendly touch screen interface.
- Stimulation is delivered to the patient's pharynx through the Phagenyx® treatment catheter, which connects to the base station and is introduced to the patient via the nose.

*National Institute for Health Research

To obtain further information please contact your Nestlé Health Science representative or go to www.nestlehealthscience.com

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