

TM

Vitajoule

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ACBS

Description

Food for special medical purposes

Vitajoule is a neutral-tasting carbohydrate powder supplement.

Indications

Vitajoule is for the dietary management of disease related malnutrition, malabsorption states, other conditions requiring fortification with carbohydrate and as a carbohydrate source in modular feeds.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

1 level scoop of Vitajoule (approx. 10g) = approx. 38kcal.

Preparation Guidelines

Sprinkle Vitajoule onto hot or cold food or drink.

Stir well with a fork until the powder has dissolved.

Add 1 - 2 level scoops per serving.

Serving suggestions for Vitajoule are available on request.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from birth.

Children under 12 months: when made into a solution or added to infant formula, use immediately and discard any remaining within 1 hour.

Not for use as a sole source of nutrition.

For enteral use only.

Use with caution in Diabetes Mellitus.

Nutritional Information

		Per 100g	Per 10g (1 scoop)
Energy		kJ	1615
		kcal	380
Fat		g	0
	of which saturates	g	0
Carbohydrate		g	95
	of which sugars	g	9.0
Protein		g	0
Salt		g	<0.1
Minerals			
Sodium		mg	<20
		mmol	<0.9

Osmolality

10% (10g in a final volume of 100ml) = 110 mOsm/kg

20% (20g in a final volume of 100ml) = 225 mOsm/kg

30% (30g in a final volume of 100ml) = 440 mOsm/kg

Storage

Store in a cool, dry place.

Once tub is opened

use within 3 weeks.

Pack Sizes / Weight

500g e tub

