



PEPTAMEN®

Designed for Better Tolerance



PEPTAMEN® is the Only Family of Peptide-based Formulas Supported by over 30 Years of Clinical Experience and More than 60 Published Studies

Recently published evidence further supports the use of Peptamen® formulas for delivering better patient outcomes by:



Less Enteral
Feeding
Intolerance



Meeting Calorie
and Protein Needs
in Critical Care



Reduction in Healthcare
Utilization in Home
Enteral Nutrition

All PEPTAMEN® Products are Built around the Pillars of Hydrolyzed 100% Whey Protein and Medium Chain Triglycerides, which Represents at least 50% of Total Fat



- All PEPTAMEN® Products are Built around the Pillars
- of Hydrolyzed 100% Whey Protein and Medium Chain
- Triglycerides, which Represents at least 50% of Total Fat



Hydrolysed
100% Whey Protein



Medium Chain
Triglycerides (MCTs)

-

+

→ Helps Improve GI Tolerance

+

→ Supports the Anabolism of Lean Body Mass

+

→ Promotes Strengthening Antioxidant Defense System

+

GI TOLERANCE

BODY MASS ANABOLISM

ANTIOXIDANT DEFENSE SYSTEM

Helps Improve GI Tolerance

- Whey protein **does not coagulate in the stomach**
- **Faster gastric emptying** than other protein²

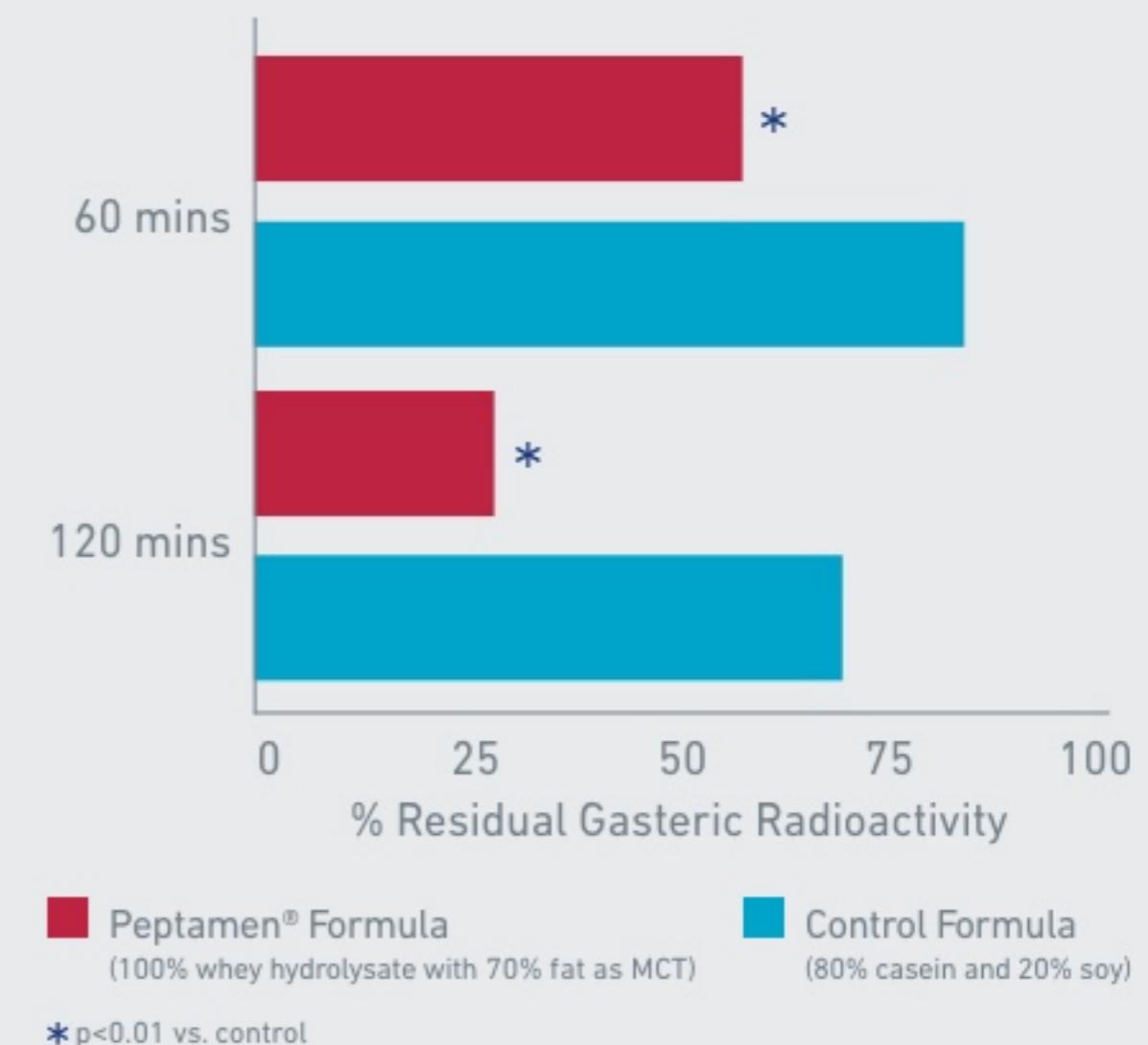


Whey Based
Formula



Casein Predominant
Formula

Effect of 100% Whey-Based Formula
vs. Casein-Predominant Formula
on Gastric Emptying time¹



GI TOLERANCE

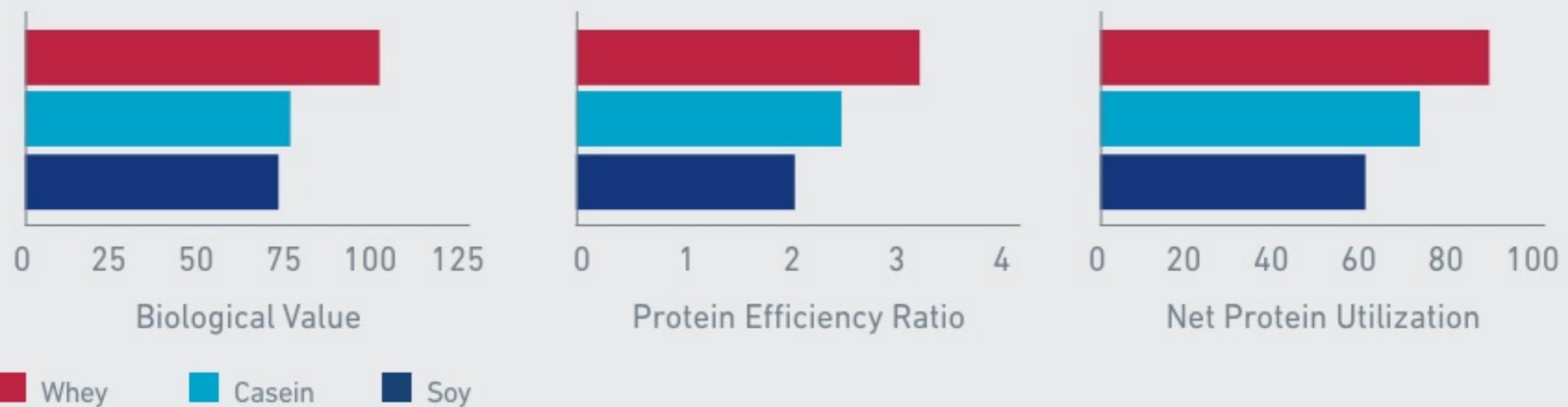
BODY MASS ANABOLISM

ANTIOXIDANT DEFENSE SYSTEM

Supports the Anabolism of Lean Body Mass

- High quality protein with a **PDCAAS** (Protein Digestibility-Corrected Amino Acid Score) **of 1 and all 9 essential amino acids**
- High level of BCAA (Branched-chain amino acid) (leucine, isoleucine, and valine), **supporting muscle protein synthesis^{3,4}**

Comparison of Protein Quality^{5,6}



GI TOLERANCE

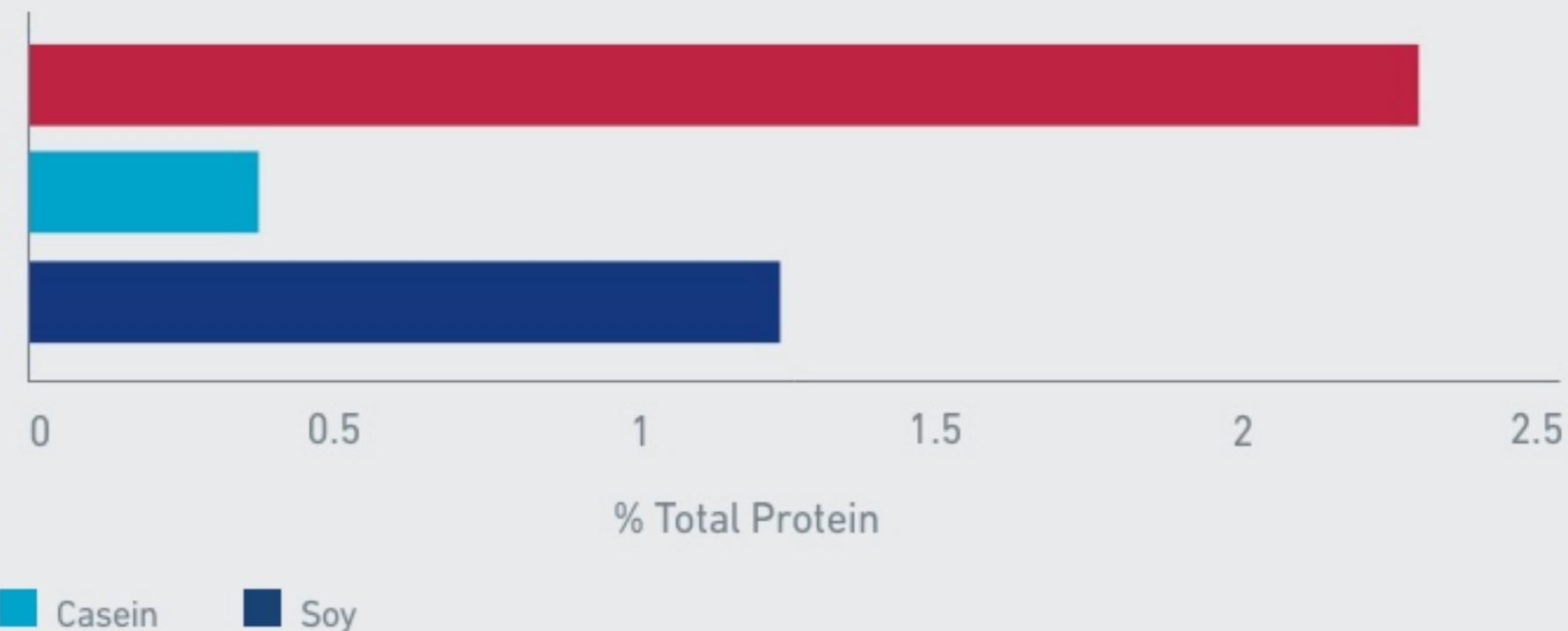
BODY MASS ANABOLISM

ANTIOXIDANT DEFENSE SYSTEM

Promotes Strengthening Antioxidant Defense System

- Cysteine is a rate-limiting amino acid for **glutathione synthesis**⁷
- **Glutathione neutralizes free radicals** that cause oxidative stress⁷

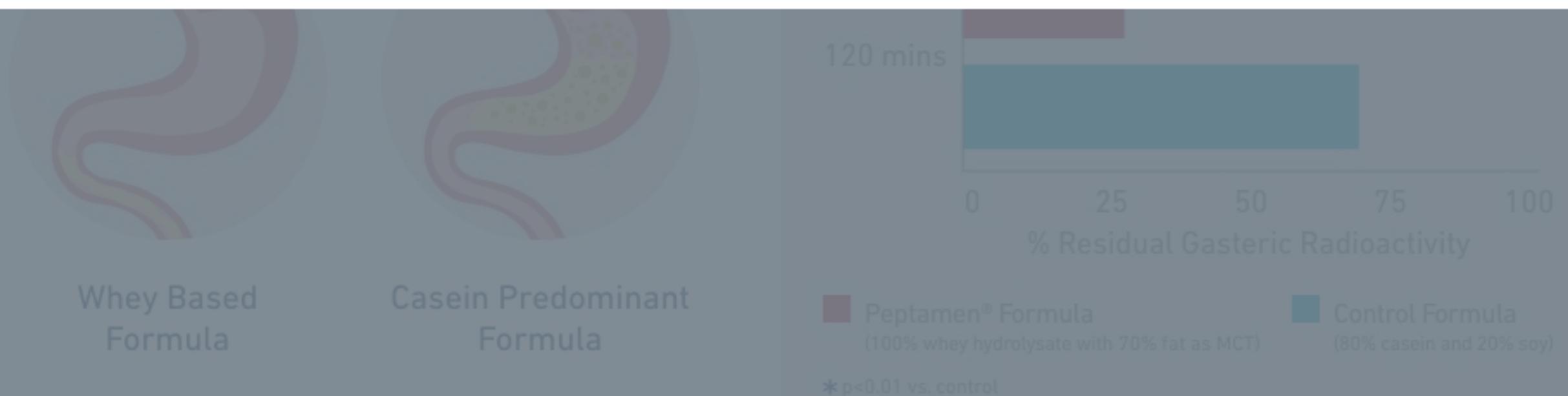
Cysteine Content (% total protein)⁷





References

- 1 Fried M, Khoshoo V, Secker DJ, Gilday DL, Ash JM, Pencharz PB. Decrease in gastric emptying time and episodes of regurgitation in children with spastic quadriplegia fed a whey-based formula. *J Pediatr.* 1992;120:569-572.
- 2 Bendtsen LQ, Lorenzen JK, Bendsen NT, Rasmussen C, Astrup A. Effect of dairy proteins on appetite, energy expenditure, body weight, and composition: a review of the evidence from controlled clinical trials. *Adv Nutr.* 2013;4(4):418-38.
- 3 Ha E, Zemel MB. Functional properties of whey, whey components, and essential amino acids: mechanisms underlying health benefits for active people (review). *J Nutr Biochem.* 2003;14(5):251-8.
- 4 Katsanos CS, Kobayashi H, Sheffield-Moore M, Aarsland A, Wolfe RR. A high proportion of leucine is required for optimal stimulation of the rate of muscle protein synthesis by essential amino acids in the elderly. *Am J Physiol Endocrinol Metab.* 2006;291(2):E381-7.
- 5 Hoffman, Jay R.; Falvo, Michael J. "Protein – Which is Best". *Journal of Sports Science and Medicine.* 2004; 3 (3): 118–30.
- 6 U.S.Dairy Export Council. Reference Manual for US Milk Powders(USDEC 2005)
- 7 Yalcin AS. Emerging therapeutic potential of whey proteins and peptides. *Curr Pharm Des.* 2006;12:1637-1643.



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100% Whey Protein



Medium Chain
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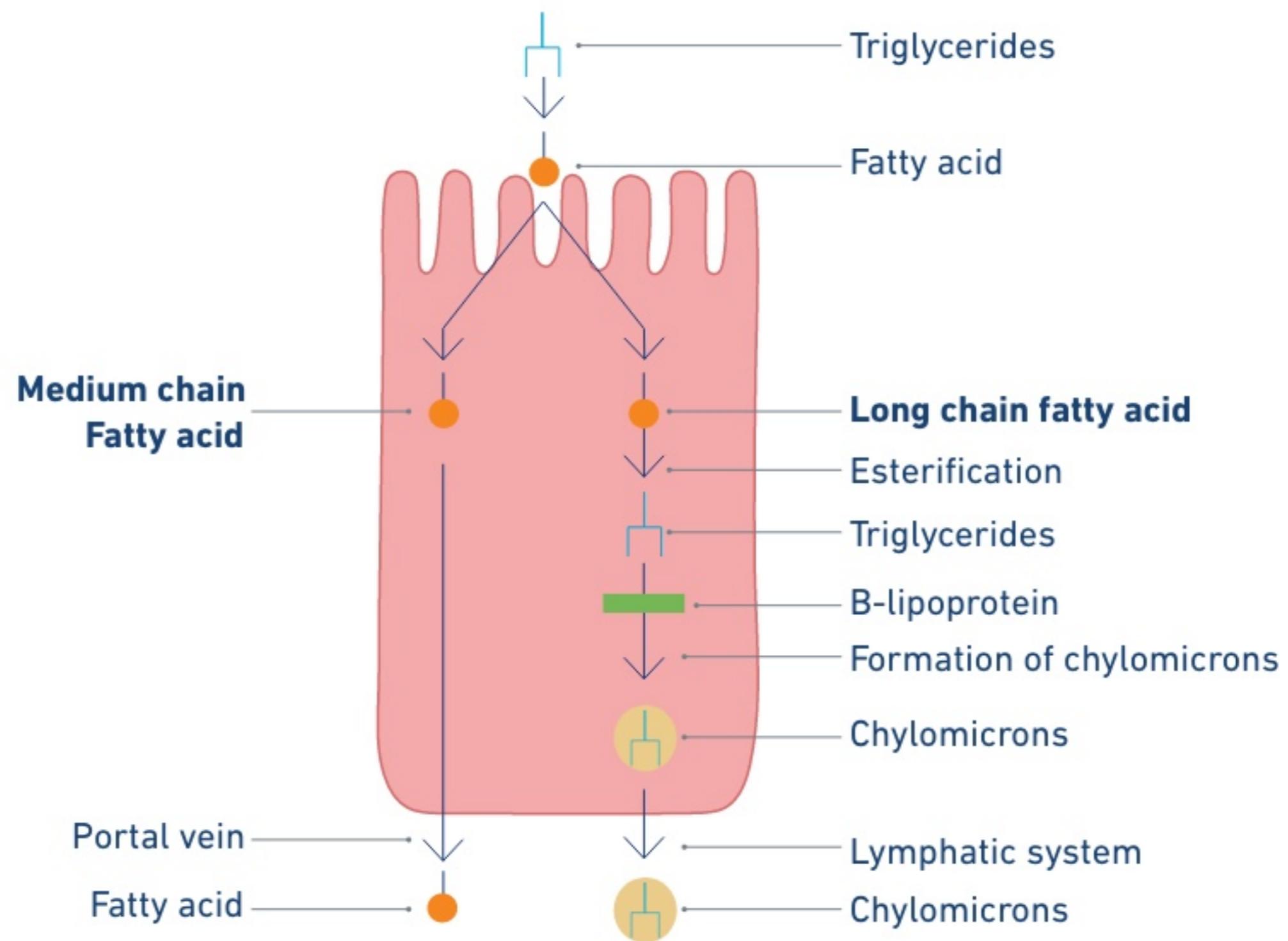
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Can Facilitate Lipid Absorption for Rapid Digestion to Help Provide
Readily Available Energy¹ and Improve Feeding Tolerance²

Provide More Readily Available Energy than LCT^{3,4}

+

Digestion of MCT vs LCT





References

- 1 Ruppin DC, Middleton WR. Clinical use of medium chain triglycerides. Drugs. 1980;20(3):216-24.
- 2 Qiu C, Chen C, Zhang W, Kou Q, Wu S, Zhou L, et al. Fat-Modified Enteral Formula Improves Feeding Tolerance in Critically Ill Patients: A Multicenter, Single-Blind, Randomized Controlled Trial. JPEN Journal of parenteral and enteral nutrition. 2017;41(5):785-95.
- 3 Nugent S, Courchesne-Loyer A, St-Pierre V, Vandenberghe C, Castellano C-A, Cunnane SC. Ketones and brain development: Implications for correcting deteriorating brain glucose metabolism during aging. Oilseeds & fats Crops and Lipids. 2016;23(1):D110.
- 4 Bach AC, Babayan VK. Medium-chain triglycerides: an update [abstract]. The American journal of clinical nutrition. 1982;36(5):950-62.

Helps Improve GI Tolerance



Supports the Anabolism of Lean Body Mass



Promotes Strengthening Antioxidant Defense System



A Variety of Solutions for your GI-Compromised Patients¹⁻⁹

ADULT TUBE FEEDING

Hydrolysed 100% whey protein and MCT for:

- Impaired GI function
- Early enteral feeding
- Transition from Parenteral Nutrition
- Malnutrition
- Malabsorption
- Short Bowel syndrome IBD
- Critically ill
- Cerebral Palsy
- Chronic Diarrhea





References

- 1 Minor G, Storm H. Clinical, Abst. 294; NASPGHAN, 2015
- 2 Pakula AM, et al. A case of a traumatic chyle leak following an acute thoracic spine injury: successful resolution with strict dietary manipulation. World J Emerg Surg 2011;6:10
- 3 Meredith JW, et al. Visceral protein levels in trauma patients are greater with peptide diet than with intact protein diet. J Trauma 1990;30(7):825-828
- 4 Hussey TA, et al. Nutrition therapy in pediatric Crohn's disease patients improves nutritional status and decreases inflammation. J Pediatr Gastroenterol Nutr 2003;37:341
- 5 Dylewski ML, et al. Nutrition Poster 72; ASPEN Clinical Nutrition Week 2006
- 6 Heyland DK, et al. Enhanced protein-energy provision via the enteral route feeding protocol in critically ill patients: results of a cluster randomized trial. Crit Care Med 2013;41(12):2743-2753
- 7 Heyland DK, et al. Enhanced protein-energy provision via the enteral route in critically ill patients: a single center feasibility trial of the PEP uP protocol. Crit Care 2010;14:R78
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- 9 Alexander DD, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. World J Gastrointest Pharmacol Ther 2016;7(2):306-19



The Peptamen® Range



PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN®
INTENSE AF 1.0 HN HN PHGG 2.0



Product Comparison

KEY FEATURES & BENEFITS

MACRO NUTRIENTS & OSMOLARITY

Peptamen® Product	Energy	Protein		Fat		Fibres	Flavours
	Kcal/ml	Hydrolysed 100% whey	Total Energy %	Omega 3	≥50% MCTs	PHGG	Vanilla
 PEPTAMEN® INTENSE	1.0	✓	37	✓	✓		
 PEPTAMEN® AF	1.5	✓	25	✓	✓		
 PEPTAMEN® 1.0	1.0	✓	16	✓	✓		✓
 PEPTAMEN® HN	1.3	✓	20	✓	✓		
 PEPTAMEN® HN PHGG	1.3	✓	20	✓	✓	✓	
 PEPTAMEN® 2.0	2.0	✓	20	✓	✓		

KEY FEATURES & BENEFITS

MACRO NUTRIENTS & OSMOLARITY

Peptamen® Product	Energy	Protein	Lipids	Fibres	Osmolarity	Macri ingredients % Total energy contribution
	Kcal/ml	(g/L)	(g/L)	(g/L)	(mOsmol/L)	Protein:Lipids:Carbohydrate:Fiber
 PEPTAMEN® INTENSE	1.0	92	36	0	278	37:29:34:0
 PEPTAMEN® AF	1.5	94	66 (50% MCT)	0	350	25:39:36:0
 PEPTAMEN® 1.0	1.0	40	37 (70% MCT)		200	16:33:51:0
 PEPTAMEN® HN	1.3	66	49 (70% MCT)		390	20:33:47:0
 PEPTAMEN® HN PHGG	1.3	66	49 (70% MCT)	6	381	20:33:46:1
 PEPTAMEN® 2.0	2.0					

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance for patients with high protein needs without overfeeding and facilitates blood glucose management in ICU patients.

37% Total energy from proteins

280 mOsm/kg water

29% Total energy from carbohydrate

50:50 MCT to LCT ratio

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance and help manage inflammatory response
for patients with increased energy and protein needs.

1.5 kcal/ml

2.4 g/l EPA + DHA

25% Total energy from proteins

50:50 MCT to LCT ratio

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance for patients with isocaloric energy needs without fibre.

16% Total energy from proteins

200 mOsmol / l

Unflavoured or vanilla

70:30 MCT to LCT ratio

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance for patients with increased energy and protein needs without fibre.

1.3 kcal/ml

390 mOsmol / l

20% Total energy from proteins

70:30 MCT to LCT ratio

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance and support the gut microbiome for patients
with increased energy and protein needs.

1.3 kcal/ml

6 g/L PHGG

20% Total energy from proteins

70:30 MCT to LCT ratio

The Peptamen® Range



< PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® PEPTAMEN® >
INTENSE AF 1.0 HN HN PHGG 2.0



Promotes tolerance and provide daily energy and protein in less time and volume.

2.0 kcal/ml

Micronutrients completely in 750ml
(FSMP guideline)

18% Total energy from proteins

70:30 MCT to LCT ratio



Thank you

