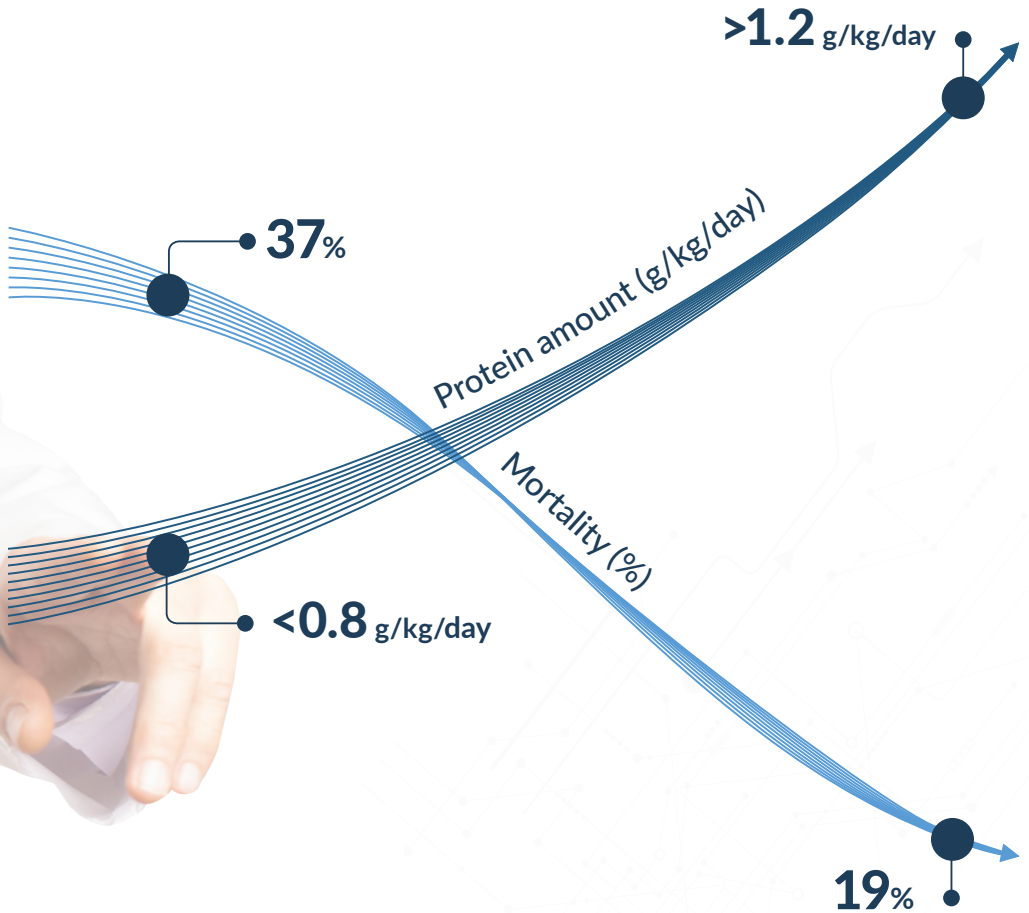
IMPROVE OUTCOMES



Meeting protein goals higher than 1.2 g/kg/day reduces mortality[1]. Try Peptamen® AF, an optimal high protein based formula that can help meet requirements and improve outcomes.

How does early and adequate feeding fit
within your protocols in the ICU?

ICU patients receive only 59% of the nutrition prescribed to them[2]

Improve patient outcomes by giving 80% of prescribed nutrition

In general, what % of prescribed nutrition
is actually received by ICU patients ?

Energy alone is not sufficient for optimal nutrition

Protein play an important role in improving patient outcomes

Achieving protein and energy goals together reduces mortality[1]

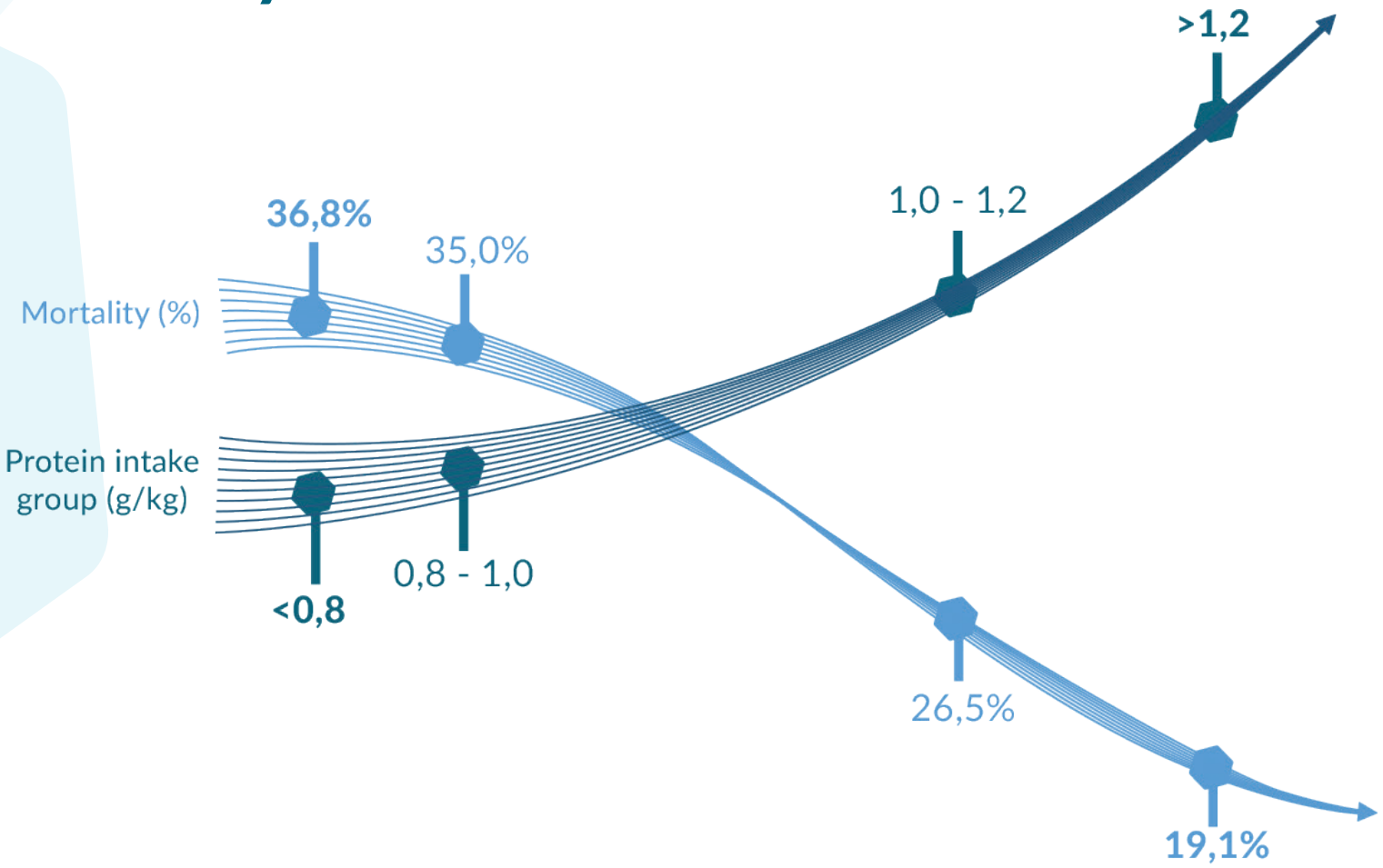
OPTIMIZE PROTEIN DELIVERY

PROVIDE THE RIGHT AMOUNT OF PROTEIN

PROVIDE EASY TO ABSORB PROTEIN

OPTIMIZE PROTEIN DELIVERY

A protein intake higher than 1.2 g/kg/day is associated with lower mortality[1]



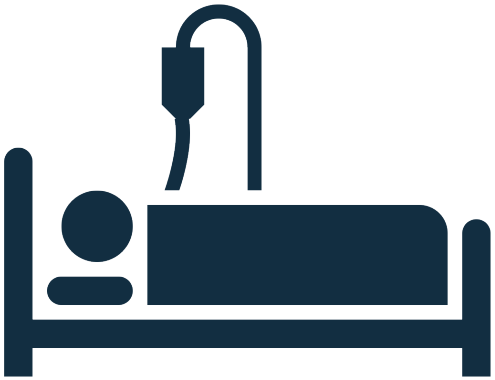
Hospital mortality for all non-septic and non-overfed patients per protein intake group

PROVIDE THE RIGHT AMOUNT OF PROTEIN

- **High protein intake is associated with low mortality[3]**
- **ICU patients need higher amounts of protein[3]**

0.8 g/kg per day

Healthy person's protein needs



1.5 g/kg per day

ICU patient's protein needs

Evidence supports higher protein intakes in the ICU

Evidence	Population	Suggested protein target
ASPEN/SCCM Critical Care Guidelines 2016[4]	BMI < 30	1.2-2.0 g/kg/day May be higher in burn/trauma
	BMI 30 – 40	≥ 2.0 g/kg IBW/day
	BMI ≥ 40	Up to 2.5 g/kg IBW/day
	CRTT*, hemodialysis	Up to 2.5 g/kg/day
ASPEN Obesity Guidelines 2013[5]	Hospitalized adults with obesity	2-2.5 g/kg IBW/day
Hoffer and Bistrian 2012[3]	Most critically ill patients	2-2.5 g/kg/day
Dickerson et al. 2015[6]	Trauma patients > 60 years	1.5-2.0 g/kg/day
PROT-AGE† Position Paper 2014[7]	> 65 years with severe illness, injury or marked malnutrition	Up to 2.0 g/kg/day

*CRRT = Continuous Renal Replacement Therapy PROT-AGE = "Protein needs with aging" study group

PROVIDE EASY TO ABSORB PROTEIN

ICU patients need high quality protein for:

-gastric emptying
-easy absorption[8]

Protein Quality Indicators[9]

1. Essential Amino Acid Content
mg of essential amino acids/g protein

2. Net Protein Utilization (NPU)
% Nitrogen retained of Nitrogen ingested

3. Biological Value (BV)
% Nitrogen retained of Nitrogen absorbed

4. Protein Efficiency Ratio (PER)
Weight gain per g Nitrogen consumed

5. Protein Digestibility Corrected Amino Acid Scores (PDCAAS)
Digestibility corrected for essential amino acid content

OPTIMIZE PROTEIN DELIVERY

PROVIDE THE RIGHT AMOUNT OF PROTEIN

PROVIDE EASY TO ABSORB PROTEIN

Peptamen® AF - reach your patient's protein and energy goals

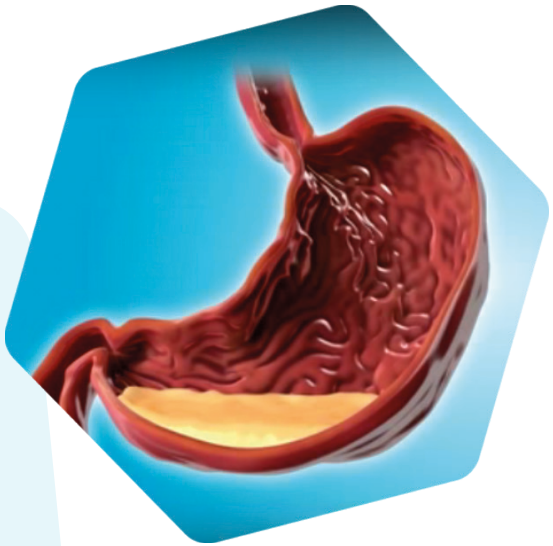
- Allows you to meet BOTH energy AND protein guidelines recommendation of 25 kcal/kg AND 1.5 kcal/kg

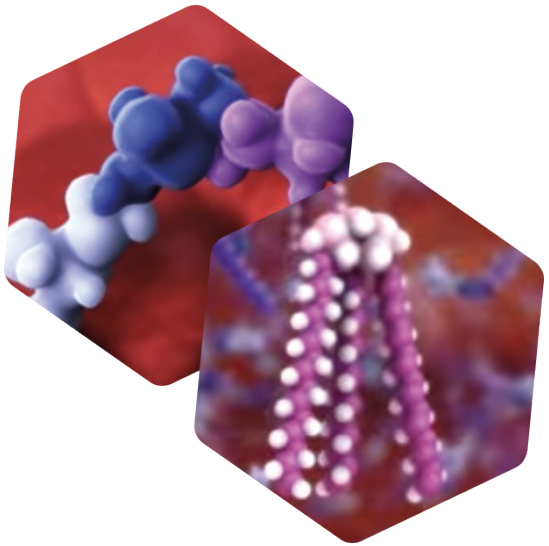
- High protein formula: 25% of calories from protein (47 grams per 500 ml)

- High quality protein source: 100% hydrolyzed whey protein

- Contains MCTs to promote absorption

How Peptamen® AF works





In the stomach :

Hydrolyzed whey protein remains liquid which

→ facilitates gastric emptying[10]
→ promotes tolerance[12,13]

In the intestine :

Branched chained amino acids:
→ help promote new cell growth
→ maintain lean body mass

MCTs:
→ help minimize fat malabsorption[13,14,15]
→ promote easy absorption[13,16]
→ prevent complications[17]

What is important for your ICU patients

- Meeting protein goals are critical
- Peptamen® AF delivers high protein amounts and high quality protein source
- Delivering 80% of prescribed nutrition, clinical outcomes will improve[2]

Try Peptamen® AF on your next ICU patient

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