

PRO-CAL
SHOT™



ACBS GMS

Description

Food for special medical purposes

Pro-Cal *shot* is a low volume, energy dense liquid supplement, available in neutral, strawberry and banana flavours, providing milk protein, fat and carbohydrate.

Indications

Pro-Cal *shot* is for the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

30ml of Pro-Cal *shot* = 100kcal and 2g protein

60ml of Pro-Cal *shot* = 200kcal and 4g protein

Preparation Guidelines

Typical single serving



30ml = 100kcal & 2g protein

or



60ml = 200kcal & 4g protein

Typical daily serving



4 x 30ml = 400kcal & 8g protein

or



4 x 60ml = 800kcal & 16g protein

Shake well before use.

Pro-Cal *shot* can be taken in 30ml or 60ml servings or combined with food or drink.

Serving suggestions for Pro-Cal *shot* are available on www.yournutritionsupport.co.uk or on request.

IMPORTANT NOTICE

Use under medical supervision.

Not suitable for use as a sole source of nutrition.

Suitable from 3 years of age onwards.

For enteral use only.

Nutritional Information

| | | Neutral | | Strawberry | | Banana | |
|--------------------------|---------|-----------|----------|------------|----------|-----------|----------|
| | | Per 100ml | Per 30ml | Per 100ml | Per 30ml | Per 100ml | Per 30ml |
| Energy | kJ | 1385 | 416 | 1385 | 416 | 1385 | 416 |
| | kcal | 334 | 100 | 334 | 100 | 334 | 100 |
| Fat | g | 28.2 | 8.5 | 28.2 | 8.5 | 28.2 | 8.5 |
| of which saturates | g | 2.2 | 0.66 | 2.2 | 0.66 | 2.2 | 0.66 |
| of which monounsaturates | g | 16 | 4.8 | 16 | 4.8 | 16 | 4.8 |
| of which polyunsaturates | g | 8 | 2.4 | 8 | 2.4 | 8 | 2.4 |
| Carbohydrate | g | 13.4 | 4.0 | 13.4 | 4.0 | 13.4 | 4.0 |
| of which sugars | g | 13.3 | 4.0 | 13.3 | 4.0 | 13.3 | 4.0 |
| Lactose | g | 13.3 | 4.0 | 12.3 | 3.7 | 12.3 | 3.7 |
| Protein | g | 6.7 | 2.0 | 6.7 | 2.0 | 6.7 | 2.0 |
| Salt | g | 0.27 | 0.08 | 0.27 | 0.08 | 0.27 | 0.08 |
| Minerals | | | | | | | |
| Sodium | mg | 109 | 32.7 | 109 | 32.7 | 109 | 32.7 |
| | mmol | 4.7 | 1.4 | 4.7 | 1.4 | 4.7 | 1.4 |
| Chloride | mg | 125 | 37.5 | 125 | 37.5 | 125 | 37.5 |
| | mmol | 3.5 | 1.1 | 3.5 | 1.1 | 3.5 | 1.1 |
| Potassium | mg | 210 | 63 | 217 | 65.1 | 210 | 63 |
| | mmol | 5.3 | 1.6 | 5.4 | 1.6 | 5.3 | 1.6 |
| Calcium | mg | 127 | 38.1 | 127 | 38.1 | 127 | 38.1 |
| | mmol | 3.2 | 1.0 | 3.2 | 1.0 | 3.2 | 1.0 |
| Phosphorus | mg | 182 | 54.6 | 182 | 54.6 | 182 | 54.6 |
| | mmol | 5.8 | 1.7 | 5.8 | 1.7 | 5.8 | 1.7 |
| Magnesium | mg | 16 | 4.8 | 16 | 4.8 | 16 | 4.8 |
| | mmol | 0.7 | 0.2 | 0.7 | 0.2 | 0.7 | 0.2 |
| Water content | ml | 52 | 16 | 52 | 16 | 52 | 16 |
| Osmolality | mOsm/kg | 1900 | | 1900 | | 1900 | |

Ingredients

Neutral: Water, Vegetable Oil (Rapeseed Oil), Skimmed **Milk** Powder, Lactose (**Milk**), Sodium Caseinate (**Milk**), Stabiliser (E422), Emulsifier (**Soya** Lecithin), Acidity Regulator (E331), Antioxidant (E306).

Banana: Water, Vegetable Oil (Rapeseed Oil), Skimmed **Milk** Powder, Lactose (**Milk**), Sodium Caseinate (**Milk**), Stabiliser (E422), Emulsifier (**Soya** Lecithin), Sucrose, Flavouring, Acidity Regulator (E331), Colour (E160a) Antioxidant (E306).

Strawberry: Water, Vegetable Oil (Rapeseed Oil), Skimmed **Milk** Powder, Lactose (**Milk**), Sodium Caseinate (**Milk**), Stabiliser (E422), Emulsifier (**Soya** Lecithin), Sucrose, Flavouring, Acidity Regulator (E331), Colour (E120) Antioxidant (E306).

Allergen Declaration

Contains **Milk** (**Milk** Protein, Lactose).

Contains **Soya** (**Soya** Lecithin).

Gluten free.

Pack Sizes / Volume

6 x 120ml e - 720ml

Storage

Unopened bottles should be stored in a cool, dry place.

Once opened keep refrigerated for up to 24 hours.

Always replace the lid after use.

Packaged in a protective atmosphere.



Starter Pack

3 x 120ml e - 360ml (1 x 120ml of each flavour).



Enhancing Lives Together