

ACBS ☒ GMS ☒ PBS ☒

## Description

### Food for special medical purposes.

Glycosade® is a hydrothermally processed high amylopectin waxy maize starch available in unflavoured and lemon varieties. Glycosade lemon contains a sweetener.

## Indications

Glycosade is for the dietary management of glycogen storage disease (GSD) where the use of a long acting starch is indicated. Glycosade unflavoured is suitable from 2 years of age. Glycosade lemon is suitable from 3 years of age.


## Dosage and Administration


To be determined by the clinician or dietitian and is dependent on the age, body weight and metabolic response of the patient. A fasting Glycosade load is recommended.


## Preparation Guidelines


To be determined by the clinician or dietitian. Glycosade can be either taken as a drink or added to food.

### Glycosade taken as a drink:

- 


Add the drink option of your choice to the shaker. Your dietitian or doctor will advise you on which drink options are suitable. Typically, a sachet of Glycosade can be added to 100ml of cold water or other suitable fluids.
- 

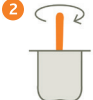
Measure the required amount of Glycosade into the shaker. For individuals requiring less than a sachet of Glycosade, adjust the quantity of fluid accordingly.
- 


Close the lid tightly and shake for 10 seconds until the powder is dissolved.
- 

Glycosade is now ready to use. The product should be freshly prepared and consumed immediately.

### Glycosade taken with food:

- 

Add the required amount of Glycosade to 150 - 200ml of cold food such as low sugar dairy-free yogurt. For individuals requiring less than a sachet of Glycosade, adjust the quantity accordingly.
- 

Stir well until smooth with a fork or a small whisk.
- 

Consume Glycosade straight away.

Glycosade given via a tube feed

Glycosade may also be given through a feeding tube. Administer as a bolus to prevent possible tube blockage.



Add water to the required amount of Glycosade. Use 100ml of water per sachet of Glycosade. Mix well.



Once mixed, administer the Glycosade via the feeding tube straight away as a bolus.



Flush the feeding tube with water before and after giving Glycosade.

**Do not heat or warm Glycosade as this destroys the properties of the starch.**

IMPORTANT NOTICE

Must only be used in individuals with proven hepatic GSD, where the use of a long-acting starch is indicated, under strict medical supervision.  
Not for use as a sole source of nutrition.  
Glycosade unflavoured is suitable from 2 years of age onwards.  
Glycosade lemon is suitable from 3 years of age onwards.  
For enteral use only.

Nutritional Information

		per 100g	per 60g sachet				
Energy	kJ	1496	901	<b>Minerals</b>			
	kcal	352	212				
Fat	g	0	0	Sodium	mg	<200	<120
	of which saturates	g	0		mmol	<9.0	<5.0
Carbohydrate	g	88	53	<b>Osmolality:</b> Osmolality (1 x 60g sachet +100ml water): Unflavoured = 11mOsm/kg Lemon = 40mOsm/kg			
	of which sugars	g	0				
Protein	g	0	0				
Salt	g	<0.5	<0.3				

### Ingredients

**Glycosade unflavoured:** High amylopectin maize starch, water.

**Glycosade lemon:** High Amylopectin Maize Starch, Water, Flavouring, Thickener (E415), Acidity Regulator (E330), Artificial Sweetener (Sucralose).

**Glycosade unflavoured** and **Glycosade lemon** are suitable for a vegan diet.

### Storage

Store in a cool dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container and used within 24 hours.

### Pack size/Weight

30 x 60g sachets = 1.8kg

### Sample pack

An unflavoured and lemon flavour sample pack is available for Glycosade. Each sample pack contains 3 sachets of Glycosade (unflavoured or lemon flavour depending upon the pack chosen), a shaker, a scoop and a clipper for sealing the sachet.

### Flavours

Unflavoured and Lemon



Enhancing Lives Together

L1001\_DC4\_UK\_0625