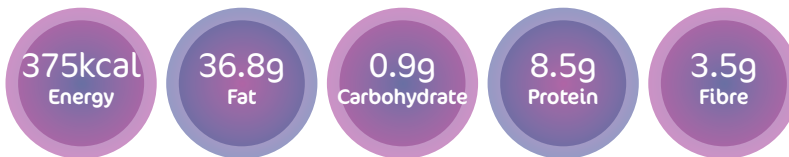




## What is K.Flo?

**K.Flo** is a palatable nutritionally complete feed in a 4:1 ratio of fat to carbohydrate and protein with a vanilla flavour for the dietary management of epilepsy, neurometabolic disorders or other conditions requiring a ketogenic diet.

## K.Flo is ready to use, each 250ml bottle contains:



## K.Flo

- is for use from 3 years of age onwards.
- can be taken orally or via an enteral feeding tube.
- is suitable for use as a sole source of nutrition or to supplement dietary intake.

## Tips for giving K.Flo via an enteral feeding tube

An enteral tube feed can be given in a variety of ways – as a bolus or via a feeding pump. Your dietitian or ketogenic team will recommend a feeding regime suitable for you.

- **K.Flo** is ready to use – no mixing or shaking is needed.
- Unscrew the lid, peel the foil top off the bottle and pour the required amount into the feeding container or syringe barrel.
- The bottle can be resealed if **K.Flo** is unused and stored in the fridge for up to 24 hours or up to 6 hours at room temperature.
- Remember to flush the feeding tube with water after the feed.

**K.Flo** is a **Food for Special Medical Purposes** and must be used under medical supervision.

Allergens: Contains **milk**.

Please turn overleaf to see your feeding plan.

## My K.Flo Tube Feeding Plan

Your dietitian or ketogenic team will advise on how much **K.Flo** to take and when.



### Pump Feeding:

Amount per hour .....mls

Feed duration .....minutes / hours

Flush needed after each feed: .....mls

### Pump Feeding Plan:

.....

.....

.....

.....

---

### Bolus Feeding:

Amount of **K.Flo** to take at each feed: .....mls

Flush needed after each feed: .....mls

### Bolus Feeding Plan:

.....

.....

.....

.....

---

### Dietitian name & contact details:

.....

.....



Enhancing Lives Together  
A Nestlé Health Science Company

Trademark of Société des Produits Nestlé S.A.  
©2021 All rights reserved. Société des Produits Nestlé S.A.