# Vitajoule

ACBS 🗸

#### Description

## Food for special medical purposes

Vitajoule is a neutral-tasting carbohydrate powder supplement.

#### Indications

Vitajoule is for the dietary management of disease related malnutrition, malabsorption states, other conditions requiring fortification with carbohydrate and as a carbohydrate source in modular feeds.

### **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

1 level scoop of Vitajoule (approx. 12g) = approx. 46kcal.

Scoops provide an approximate measure of a product for the purposes of ease and convenience. If accurate quantities of the product are required, a calibrated gram scale will be required.

## **Preparation Guidelines**

Sprinkle Vitajoule onto hot or cold food or drink.

Stir well with a fork until the powder has dissolved.

#### **IMPORTANT NOTICE**

Must only be used under strict medical supervision.

Not for use as a sole source of nutrition.

Suitable from birth.

Children under 12 months: when made into a solution or added to infant formula, use immediately and discard any remaining within 1 hour.

For enteral use only.

Use with caution in Diabetes Mellitus

## Nutritional Information

		Per 100g	Per 12g (1 scoop)
Energy	kJ	1615	194
	kcal	380	46
Fat of which saturates	g	0	0
	g	0	0
Carbohydrate of which sugars	g	95	11.4
	g	9.0	1.1
Protein	g	0	0
Salt	g	< 0.1	< 0.01
Minerals			
Sodium	mg	<20	<2.4
	mmol	<0.9	<0.11

# Osmolality

12% (12g in a final volume of 100ml) = 141 mOsm/kg 24% (24g in a final volume of 100ml) = 348 mOsm/kg

# Ingredients

Dried Glucose Syrup

# Storage

Store in a cool, dry place.
Once tub is opened use within 3 weeks.

# **Pack Sizes / Weight**

500g e tub