

glycosade®

ACBS GMS PBS

Description

Food for special medical purposes.

Glycosade® is a hydrothermally processed high amylopectin waxy maize starch available in unflavoured and lemon varieties. Glycosade lemon contains a sweetener.

Indications

Glycosade is for the dietary management of glycogen storage disease (GSD) where the use of a long acting starch is indicated. Glycosade unflavoured is suitable from 2 years of age. Glycosade lemon is suitable from 3 years of age.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and metabolic response of the patient. A fasting Glycosade load is recommended.

Preparation Guidelines

To be determined by the clinician or dietitian. Glycosade can be either taken as a drink or added to food.

Glycosade taken as a drink:



1. Measure the required amount of liquid into a beaker with a lid.



2. Add the required amount of Glycosade to the beaker. Typically a sachet of Glycosade can be added to 100ml of cold water or other suitable fluids.



3. Secure lid and shake until the powder is dissolved.



4. Glycosade is now ready to use. The product should be freshly prepared and consumed immediately.

Glycosade taken with food:



1. Add the required amount of Glycosade to 150-200ml of suitable yoghurt or cold custard/rice pudding.



2. Stir well until smooth with a fork or a small whisk.



3. Eat Glycosade straight away.

Glycosade may also be given through a feeding tube. Administer as a bolus to prevent possible tube blockage.

Do not heat or warm Glycosade as this destroys the properties of the starch.

IMPORTANT NOTICE

Must only be used in individuals with proven hepatic GSD, where the use of a long-acting starch is indicated, under strict medical supervision.

Not for use as a sole source of nutrition.

Glycosade unflavoured is suitable from 2 years of age onwards.

Glycosade lemon is suitable from 3 years of age onwards.

For enteral use only.

Nutritional Information

		per 100g	per 60g sachet		per 100g	per 60g sachet
Energy	kJ kcal	1496	901	Minerals Sodium	mg	<200
		352	212		mmol	<9.0
Fat	g	0	0	Osmolality: Osmolality (1 x 60g sachet +100ml water): Unflavoured = 11mOsm/kg Lemon = 40mOsm/kg		
of which saturates	g	0	0			
Carbohydrate	g	88	53			
of which sugars	g	0	0			
Protein	g	0	0			
Salt	g	<0.5	<0.3			

Ingredients

Glycosade unflavoured: High amylopectin maize starch, water.

Glycosade lemon: High Amylopectin Maize Starch, Water, Flavouring, Thickener (E415), Acidity Regulatory (E330), Artificial Sweetener (Sucralose).

Glycosade unflavoured and **Glycosade lemon** are suitable for a vegan diet.

Storage

Store in a cool dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container and used within 24 hours.

Pack size/Weight

30 x 60g sachets = 1.8kg

Flavours

Unflavoured and Lemon



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