# Methionine100

### Description

Food for special medical purposes. A powdered methionine amino acid supplement on a carbohydrate base.

### Indications

For the dietary management of inborn errors of amino acid metabolism from birth.

### **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

### **Preparation Guidelines**

To be determined by the clinician or dietitian. Suggested methods include:

GMS

PBS

### Mixing with water:

ACBS

- 1. Measure out 50ml of water.
- 2. Add one sachet.
- 3. SHAKE vigorously for 30 seconds.

4. Wait 5 minutes, shake again and serve. (Waiting time will enhance dispersion of the powder in the water.)

## Mixing with a liquid protein substitute:

- 1. Decant the liquid into a container.
- 2. Sprinkle in the powder.

3. Shake vigorously for 30 seconds and serve.

# Mixed with a powdered protein substitute:

1. Mix the two powders together.

2. Make up protein substitute as directed and serve.

Additional fluid may be required.

#### Methionine100 (4g) = 100mg L- Methionine

### **IMPORTANT NOTICE**

Must only be given to patients with proven inborn errors of amino acid metabolism under strict medical supervision.

Suitable from birth.

Children under 12 months: when made into solution or added to infant formula, use immediately and discard any remaining within 1 hour.

Not for use as a sole source of nutrition.

For enteral use only.

### **Nutritional Information**

		Per 100g	Per 4g sachet				Per 100g	Per 4g sachet
Energy	kJ	1610	64		Protein Equivalent	g	2.2	0.1
	kcal	379	15		L-Methionine	mg	2500	100
Fat	g	0	0	-	Salt	g	< 0.05	< 0.002
of which Saturates	g	0	0					
Carbohydrate	g	92.5	3.7					
of which Sugars	g	8.8	0.4					

### Ingredients:

Dried Glucose Syrup, L-Methionine.

Methionine100 is suitable for a vegan diet.

### Storage

Store in a cool, dry place. Sachets are designed for single use and should be used once opened.

### Pack Size/Weight

30 x 4g sachets = 120g

Flavour Unflavoured





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