

The new bolus feeding system

from Nestlé® Health Science®



SimpLink™ Designed for patient and caregivers





Bolus feeding is a method of enteral tube feeding. The practice of bolus feeding has evolved over time in response to the preferences and needs of individual patients using enteral tube feeding, their social circumstances and the experience of the healthcare professionals caring for them.

The following information describe how to deliver the enteral nutrition throughout the day/night using SimpLink™

EQUIPMENT



Prescribed enteral nutrition.



Water (type and volume as recommended by healthcare professional).



Extension set or bolus feeding set if required.



Syringe used for flushing.

IMPORTANT NOTE: in case of additional information on bolus feeding with SimpLink[™] please contact Nestlé® Health Science® specialist



Handwashing before and after handling the feeding tube.



Check the commercial formulas instructions, label and expiry date.





Ensure the patient is sitting or lying with head elevated at least 30 degrees (about the height of two pillows) and remain in this position for 30 to 60 minutes after each feeding to help prevent nausea or reflux.



Flush the tube with water before and after the administration of feeds using the enteral syringe with a plunger or via gravity (refer to local policy for the type of water used). A minimum of 10-20 ml is recommended but amend according to patient's fluid requirements and restrictions.



Administer the **prescribed volume of feed**. Ensure the clamp on the enteral feeding tube (if present) is closed.



Following administration of feed, dispose of or wash and air-dry all equipment, as per manufacturer's recommendations or local policy. Ensure the cap on the end of the feeding tube is replaced securely to avoid gastric leakage.



Once bottle is opened, use within 12 hours. Reseal and refrigerate unused portion between uses. Discard product left after 12 hours from first bottle opening. When bolus feeding smaller volumes from a pack, it is recommended to decant the required volume and allow it to reach room temperature while keeping remaining feed sealed and refrigerated.



Instructions for use



Bolus feeding is the administration of feed through an enteral feeding tube as a series of smaller volume feeds given at regular intervals. A typical bolus is 250ml but individual patients may tolerate more or less than this. Simplink® is a new bolus feeding system designed for patients and caregivers, safe, innovative and easy to use. Please follow the medical prescription with the help of the practical guide.

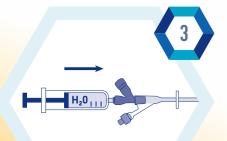


Shake formula container well before opening.



Open formula container, remove the protective film and close the bottle. Open the cap.





If necessary, use syringe to flush feeding tube with water.



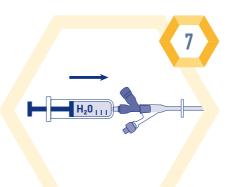
Attach the Smartflex[™] into the end of the feeding tube (or extension set and onto the clamp, if present). Release feeding tube to allow formula to flow.



Compress the Smartflex[™], holding it upright to ensure no feed spills out and administer the feed. Administer holding it upside down to avoid delivering air to the patient. Each bottle should last on average 10 minutes, but some patients may be able to tolerate it faster, while others may need to take longer.



Close the clamp on the feeding tube (if present) before removing the SmartflexTM and replace the cap on the end of the feeding tube to keep it clean for next planned bolus feed.



After feeding, use syringe to flush feeding tube with water, as directed by your healthcare professional.



For regular feeding intervals, please follow the medical prescription, attempt to meet the fluid requirements during the bolus feed and medication administration to reduce the frequency of bolus feeds and flushes required throughout the day. When there are long breaks between feeds, ensure hydration is maintained through water flushes if possible and pre and post each feed.







INNOVATIVE

Unique direct bolus feeding



EASY TO USE

Simple, immediate and reduce the caregiver time*



PORTABILITY

Flexibility and convenience for out of home feeding*



CLEANLINESS

Less product spillage*



SAFETY

Reduced contamination risk vs syringe bolus feeding*



QUALITY OF LIFE

More independent patients and free in their daily activities*



SUSTAINABILITY

Less waste









